

# SOUND WAVES INNER MYSTERY SCHOOL CURRICULUM LEVEL TWO

For more information visit the site at:

<https://markstantonwelch.net/Sound-Waves-Inner-Mystery-School-Portal.html>

## Curriculum for Level Two

### F. Sound Healing Tools Block

1. Acoustic
  - a. Drums
  - b. Quartz
  - c. Tibetan Bowls
  - d. Rattles
  - e. Bells and gongs
  - f. Tuning Forks
  - g. Voice
  - e. Instruments
    1. Guitar
    2. Harp
    3. Harmonium
    4. Piano/Keyboard
    5. Dulcimer
    6. Autoharp
    7. Mineral Specimens
    8. Crystals
2. Electronic Sound Tools
  - a. Tamboura in a box
  - b. Band in a box
  - c. Jam man looper
  - d. Drum Machine
  - e. Mixer/Speakers
  - f. Synthesizers
    1. Tunings
    2. Drones
    3. Pads
    4. Loops
  - g. CDs/music
3. Esoteric Sound Tools
  - a. Atlantean Chants
  - b. Angel Tones
  - c. Tai Chi Sounds
  - d. Shri Yantra
  - e. NASA space sounds
  - f. Kabala
  - g. Names of God

- h. Divination
  1. Runes
  2. Tarot
  3. Guidance

4. Computer Sound Tools
  - a. Software
    1. No Rift Rife
    2. Atmospheres
    3. Subliminal Power
    4. Brainwaves Suite
    5. Audition 3
    6. CD Burner Program
    7. Misc
      - a. Planet Tones
      - b. Mineral Tones
      - c. Botanical Tones
      - d. Tone Generator
      - e. Voice to Voice---
      - f. Botanical/flower essence Frequencies

### G. Color Block

1. Nature of color
2. Qualities of each
3. Resources
  - a. Light Tools
  - b. Cloths/pareos

### H. Senses Block

1. Touch
  - a. Hand massage
  - b. Energy
  - c. Acupressure
2. Visual
  - a. Mandalas
  - b. Pictures
  - c. Holy Individuals
  - d. Fractals
  - e. Computer Graphics
  - f. Color

- g. Symbols
- h. Nature
- l. Space
- j. Meditations
- k. Guided visualizations

- 3. Smell
  - a. Aromatherapy
  - b. Herbs
  - c. Essential Oils

- 4. Taste
  - a. Ayurveda
  - b. Fruits

- 5. Hearing
  - a. Frequencies
  - b. Nature Ambiance
  - c. Inner Sounds
  - d. Music

## **I. Music Therapy Block**

- 1. Nature of
- 2. Styles of music and their effects
- 3. Keys and their effects
- 4. Lyrics and their effects
- 5. Melody and their effects
- 6. Rhythm and their effects
- 7. Music
  - a. Classical
    - 1. Resource List
    - 2. Resource CDs
  - b. Ethnic
    - 1. Resource List
    - 2. Resource CDs
  - c. New Age
    - 1. Resource List
    - 2. Resource CDs

## **J. Resources Block**

- 1. Bibliography
- 2. Discography
- 3. Recordings
  - a. Atmospheres
  - b. Rhythms
  - c. Drones
  - d. Keys
    - 1. major

- 2. Minor
- e. Vocal

## **K. Sound Healing Sessions**

- 1. **Ambiance**
  - a. 5 elements
  - b. 7 directions
  - c. Nature kingdoms
    - 1. plant
    - 2. animal
    - 3. mineral
  - d. Water
  - e. Fragrance
  - f. Color
  - g. Space clearing

### **2. Ethics and Professional Guidelines**

- 3. **Session Elements**
  - a. Interview
  - b. guidance
  - c. setting intention
  - d. Prayer and proclamation
  - e. Call in of guides
  - f. Name speak
  - g. Voice
  - h. Tuning Forks
  - l. Tones
  - j. Bowls
  - k. Drums
  - l. Rattles
  - m. music
    - 1. Drone
    - 2. Intentional Songs
  - n. Movement
  - o. Color
  - p. Guided Visualization
  - q. Recording

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